
MORNING

HEALTHY START

Egg whites, roast turkey, spinach, jack cheese on English muffin

SUNRISE START

Bacon, egg, cheddar cheese on artisan roll

HAM & CHEESE OMELET CROISSANT

Freshly Smoked, lean ham, egg and cheddar cheese on croissant

FRENCH TOAST SWIRL SANDWICH

Sausage, egg and Swiss cheese on round French toast swirl bread

BAKERY

ASSORTED PASTRIES & DANISHES

Baked fresh daily

WILD BERRY MUFFIN

BANANA BREAD MUFFIN

JUMBO COOKIES

Freshly baked throughout the day

SALAD

CITRUS SPINACH SALAD

Spinach with quinoa, walnuts, cranberries and a citrus vinaigrette **V**

COBB SALAD

Iceberg and Romaine, hard-boiled egg, roast turkey, bacon, tomato, avocado and blue cheese dressing

ITALIAN CHOPPED SALAD

Iceberg and Romaine, celery, sun-dried tomato, olives, peperoncini, parmesan, soppressata and zesty Italian dressing

GRAB 'N GO

VEGGIE STICKS WITH RANCH DRESSING

HUMMUS & PITA CHIPS

FRESH CUT FRUIT

YOGURT PARFAIT

DELI SANDWICHES

SALADS

SOMETHING MORE

GREEK VEGGIE SANDWICH

Zesty sweet Peppadew piquant peppers, feta cheese, cucumbers, lettuce, tomatoes, red onions and hummus on multigrain wheat bread **V**

ROASTED TURKEY & AVOCADO BLT

Roasted turkey, Swiss cheese, applewood-smoked bacon and fresh avocado on multigrain wheat bread

HONEY ALMOND CHICKEN SALAD SANDWICH

Chicken, diced celery, dried cranberries, almonds and our special honey dressing with lettuce and tomatoes on artisan roll

HAM & SWISS CROISSANT

Freshly baked croissant stuffed with smoked ham and Swiss cheese

TUNA SALAD

Albacore white tuna salad with lettuce and tomatoes on multi grain wheat bread

SPINACH & FETA CROISSANT

Freshly baked croissant stuffed with spinach and feta cheese **V**

ITALIAN

Prosciutto, soppressata, ham and provolone on an Italian hoagie bun

BISTRO BURGER

Bacon, cheddar cheese, lettuce, tomato and bistro sauce on telera bun

V: vegetarian dishes

STARBUCKS COFFEE



AVAILABLE ALL DAY

caffè latte
cappuccino
caffè mocha
caramel macchiato
caffè americano
espresso
white chocolate mocha
coffee of the day

tazo chai tea late
tazo teas

FEATURING



DRINKS

Coke, Diet Coke, Coke Zero, Barqs,
Dr Pepper, Diet Dr Pepper, Sprite,
Sprite Zero, Mellow Yellow, Gold Peak Tea,
Smart Water, Dasani, Monster Energy,
NOS, Red Bull



UNIVERSITY
PLAZA HOTEL

333 JOHN Q. HAMMONS PARKWAY
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